

August 2026



WELLNESS & COMMUNITY CENTER
At Brethren Care Village

Membership Hours

Monday-Friday: 6:00 am to 8:00 pm

Saturday: 6:00 am to 6:00 pm; Sunday: CLOSED

Sunday

Monday

Tuesday

Wednesday

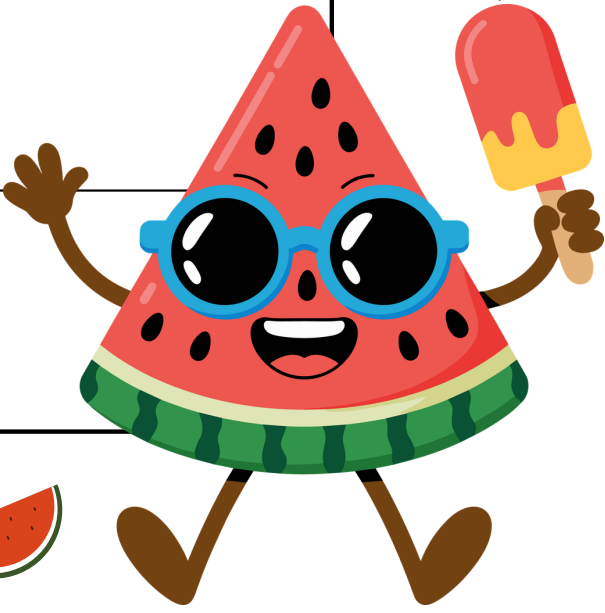
Thursday

Friday

Saturday

						1
2	3 10:00 SS Classic 11:00 SS Circuit	4 9:00 SS Water Aerobics 10:00 SS Water Arthritis 10:00 Parkinson's 2:00 SS Splash Class	5 9:00 SS Classic 9:00 SS Water Aerobics 10:00 SS Water Arthritis 1:45/3:15 Yoga w/Shirley	6 8:30 Veteran's Group 9:30 SS Chair Yoga 11:00 SS Tai Chi 2:00 SS Splash Class	7 9:00 SS Circuit	8
9	10 10:00 SS Classic 11:00 SS Circuit	11 NO WATER AEROBICS NO WATER ARTHRITIS 2:00 SS Splash Class	12 9:00 SS Classic NO WATER AEROBICS NO WATER ARTHRITIS 1:45/3:15 Yoga w/Shirley	13 NO CHAIR YOGA 10:30 Golden Center (Speaker: Safe Haven) NO TAI CHI 2:00 SS Splash Class	14 9:00 SS Circuit	15
16  12:00-3:00 Car Show	17 10:00 SS Classic 11:00 SS Circuit	18 9:00 SS Water Aerobics 10:00 SS Water Arthritis 2:00 SS Splash Class	19 9:00 SS Classic 9:00 SS Water Aerobics 10:00 SS Water Arthritis 1:45/3:15 Yoga w/Shirley	20 9:30 SS Chair Yoga 11:00 SS Tai Chi 2:00 SS Splash Class 5:30 Music on the Patio	21 9:00 SS Circuit	22
23	24 10:00 SS Classic 11:00 SS Circuit	25 9:00 SS Water Aerobics 10:00 SS Water Arthritis 2:00 SS Splash Class	26 9:00 SS Classic 9:00 SS Water Aerobics 10:00 SS Water Arthritis	27 9:30 SS Chair Yoga 11:00 SS Tai Chi 2:00 SS Splash Class	28 9:00 SS Circuit	29
30	31 10:00 SS Classic 11:00 SS Circuit					

Color Key Code: Red - Silver Sneaker Classes;
Green - Special Events; Blue - \$5.00/Members, \$10.00/Non-Members





11TH ANNUAL
**BRETHREN CARE AUXILIARY
 CAR SHOW**
 OPEN TO CARS, TRUCKS AND MOTORCYCLES!



**SUNDAY, AUGUST 16, 2026
 12PM-3PM**

REGISTRATION- 11AM | AWARDS- 230PM
 VEHICLE REGISTRATION- \$15

AMERICAN MESS HALL FOOD TRUCK ★ THE LOONEY LEMON TRUCK
 DASH PLAQUES TO FIRST 100 CARS ★ RESIDENT CHOICE TROPHY ★ SPONSOR PLAQUES
 JR THE DJ ★ BALLOON POP, 50/50 & RAFFLE

2140 CENTER ST. ASHLAND ★ 419-289-1585
 ALL PROCEEDS DIRECTLY BENEFIT THE RESIDENTS AT BRETHREN CARE VILLAGE



Reflecting on Health: how can you focus on your physical and mental health this month?

Music on the Patio

Our next Music Night is Thursday, August 20 from 5:30-7:30 pm.

Guest musicians will be **Nevertoolate330**. The Greens Bistro & Pub will be open for dinner and drinks. Join us for a fun evening!

Golden Center

(hosted by Catholic Charities)

The next Golden Center event is Thursday, August 13 at 10:30 am. The guest speaker will be from Safe Haven. All are welcome to join us!

Veterans Monthly Gathering

Monthly we welcome our Veterans on the 1st Thursday of month for doughnuts, coffee, fellowship and sharing. We gather at 8:30 am in The Greens Bistro. Spouses are welcome!